PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Jan 15Kentridge High School Swimming Invitational
- Jan 20-23 Washington Open Swimming Invitational
- Jan 29 Puget Sound Swimming Assoc Championship
- Feb 4-6 Sea Otters WP International Open
- Feb 11-13 NW Conference Swim Meet
- Feb 17-19 WIAA Boys State HS Swim/Dive Champs
- Feb 23-26 PAC-10 Womens Swimming & Diving Champs
- Mar 5-6 YMCA Regional Champs
- Mar 9-13 Speedo Swimming Champions Series
- Mar 18-20 NW Sectional Age Group Swim Champs
- Mar 26-27Spring Divisional Champs
- Apr 2-3 Spring Siesta Water Polo
- Apr 9-10 PNA Masters Championship
- Apr 16 Washington State Special Olympics Regionals



Weyerhaeuser King County Aquatic Center

650 SW Campus Drive, Federal Way, Washington 98023-8425 Seattle (206) 296-4444 Tacoma (253) 927-5173

Visit our website at .www.king county.gov/parks

Weyerhaeuser King County Aquatic Center



Winter Schedule Jan 3 - April 17, 2011 Seattle (206) 296-4444 Tacoma (253) 927-5173

650 SW Campus Drive Federal Way, WA 98023-8425 www.kingcounty.gov/parks

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am -9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00- 10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00- 11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30 Public Swim	11:30-1:30 Public Swim
11:30- 12:30	Family Swim						
12:30- 1:30	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals				
4:30- 7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30- 8:30	Public Swim						

^{*} Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, M/W or T/Th)

Evening Session (1/2 hr, 4:30-7:30pm (M/W, T/Th)

Monday & Wednesdays Tuesday & Thursday

Jan 10 - Feb 9 (10 lessons)

Jan 11 - Feb 10 (AM/10 lessons)

(PM/8 lessons, no class 1/20 & 2/10)

Feb 14 - March 30 (11 lessons) Feb 15 - March 31 (AM/9 lessons & PM/8 lessons) (no class 2/21,2/23 & 3/9) (No AM & PM class 2/17, 2/22,2/24,3/8,3/10, & no PM class 3/17)

CANCELED SWIMS

Feb 17-19 (Boys High School State Swim/Dive Meet), Feb 23-26 (PAC10), Mar 18-20 (AG Champs), Apr 16 (Special Olympics)

TELEPHONE RELAY SERVICE: 711









^{**} During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am- 8:00	Lap Swim*				
11:30- 1:30	Lap Swim*				
4:00- 6:30	Team Training				
6:30- 8:00	Team Training				
8:00- 10:00	Team Training				

^{*} To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

Canceled Swims:		Events:		
Jan 15	11:30-1:30	Kentridge HS Inv		
Jan 21-23	11:30-1:30	Washington Open Swimming Invitational		
Jan 29	11:30-1:30	YMCA Washington State Champs		
Feb 4	1:30pm-on	Sea Otters Water Polo International Open		
Feb 5-6	11:30-1:30	Sea Otters Water Polo International Open		
Feb 11-13	all day	NW Conference Swim/Dive Champs		
Feb 18-19	all day	WIAA Boys State HS Swim/Dive Champs		
Feb 23-26	all day	PAC10 Women's Swimming & Diving Champs		
Mar 5-6	11:30-1:30	YMCA Regional Champs		
Mar 9-13	all day	Speedo Swimming Champions Series		
Mar 18-20	all day	NW Sectional Age Group Swim Meet		
Mar 26-27	all day	Spring Divisional Champs		
Apr 2-3	all day	Spring Siesta Water Polo		
Apr 9-10	11:30-1:30	PNA Masters Swimming Championships		
Apr 16	11:30-1:30	Special Olympics Regional Champs		



2011 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	
Adults & Youth	\$3.25	Adult & Youth \$	\$5.00
Senior & People w/Disabilities	\$3.25	Sr Citizen (62+) & People w/Disabilities \$	\$3.75
Rec Pool Public Swim**			
Adults & Youth	\$3.25		
Senior & People w/Disabilities	\$3.25		
Rec Pool Adult & Senior Lap Swim			
Adult	\$5.00	Low Impact Water Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.75	Adult \$6.25 - 10-visit Card \$	\$56.25
Shower	\$3.25	Sr Citizen (62+) \$4.75 - 10-visit Card \$	\$42.75

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.					
Rec Pool, 1-25 people	\$115.00/hour	Party Room Rental	\$37.00/hour		
Rec Pool, 26-60 people	\$145.00/hour	Lobby Rental	\$89.00/hour + staffing & deposits		

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$650.00+tax
Senior Citizen(62+)	\$107.50+tax	\$273.00+tax
Disabled	\$100.00+tax	\$260.00+tax

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

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Each child younger than 6 yrs old must each be accompanied in the water by an adult
 ** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)